

A graphic at the top of the page features a yellow background with a black border. On the left, a spotlight is shown shining a beam of light towards the right. The date "June 2024" is printed in the upper right corner of the graphic.

June 2024

Employee Spotlight

Janet Amdur

Clinical Social Worker” for the Belmont Council on Aging and the Belmont Health Department, Youth & Family Services Program

Each month, Town Administrator Patrice Garvin highlights a single employee whose hard work and dedication exemplifies what it means to be an employee for the Town of Belmont. In the Employee Spotlight series, we are able to shine a light on incredible employee achievements and provide an opportunity to introduce and recognize Belmont Town employees throughout the Belmont community.

In this month’s Bulletin, Town Administrator Garvin would like to recognize Janet Amdur, the Town of Belmont’s Licensed Social Worker who works for Belmont’s Council on Aging at the Beech Street Center and with the health department’s youth and family services program.

Janet’s good work is reflected in the appreciation of those she helps. On more than one occasion, individuals have climbed the steps of Town Hall or called-in to share how the time and resources Janet provided helped make a positive difference in their everyday life. With a career in Belmont that started in 2001, Janet has been a constant resource making positive impacts for Belmont families and seniors in need for 23 years and counting.

As a Clinical Social Worker, Janet provides social services to Belmont’s families and seniors through a variety of ways. To name a few, Janet provides needs assessments, individual and family counseling, case management, resources and referrals that are personalized to the needs of a case, and helping to develop and coordinate inter-generational programs and health-wellness programs.

In addition, Janet works with great teams at the Beech Street Center, Health Department, and even the Fire Department where she assists with In-Home Safety Visits. Furthermore, Janet takes pride in her supervision of a cohort of graduate student interns, providing professional experience to the next generation of those looking to make a community impact and learn about the field of social work.

Janet describes her role in this way, “People come to me with all sorts of questions and needs and my goal is to work with them to find solutions that will improve their situation. I consider myself a professional problem solver.”

Janet, the professional problem-solver, was attracted to work in Belmont because she found that the people in Belmont shared her dedication and ambition to help and care for others in their community.

Janet explains, “Belmont is a supportive community where residents and Town employees are eager to reach out and prioritize helping others and find solutions. The eagerness to help work towards solutions and collaborate across departments and with residents leads to the development of programs that make a positive difference.”

Each and everyday Janet finds that she faces something new. In her line of work, no two cases are the same which presents an exciting challenge that she finds endlessly engaging and fulfilling. As Janet elaborates, “with each day there is an opportunity to learn more, connect with new people and maybe even develop a new program based on resident’s needs.”

Janet stays motivated by remembering to “keep focusing on helping residents” and by setting personal goals for herself and continuing to find opportunities. If she were to share one secret to her success it would be “always listen and listen actively to help see challenges as opportunities.” Janet expanded on this further to say, “it’s important to find and take advantage of opportunities to advance the work you do and to find opportunities at times and situations where they might not always be apparent.”

Janet is most proud of the innovations she has helped forge over the years to provide more and better resources to help those in need. This includes a focus on the back-of-house skills like grant writing, program development and evaluation, and supervising students, interns and seniors to make the social services that many in the community have come to appreciate possible. Janet urges everyone to keep up with the Beech Street Center’s monthly newsletter to see current programs and to visit the social support services page of the Beech Street Center’s website to reach out if you or a loved one is in need of social services resources.

Janet looks forward with great eagerness to the future, where she anticipates the continued development more programing opportunities to meet community needs. Janet stands by her mantra: “We are a dedicated bunch who see no question as too small and if we don’t know the answer, we will look into it. We will always do our best to be helpful.”