

WIC- Women, Infants, Children

WIC is a program offered to help keep pregnant and breastfeeding women and children under 5 healthy by providing income eligible participants health and nutrition education, healthy foods, breastfeeding classes and support, immunizations, screening, referrals and support to discuss related topics.

WIC is for all kinds of families with children under 5: Married, Single, Working, Not Working, Fathers, Mothers, Grandparents, Foster Parents, Legal Guardians.

Massachusetts families who qualify receive services free of charge. Income eligibility is based on family size and income. Those on MA Health, SNAP or TAFDC are automatically eligible.

Belmont residents can contact WIC for further information and to apply.

(617) 665-3750- Cambridge office, 119 Windsor Street

(617) 972-5502- Watertown office, 485 Arsenal Street

1 800 WIC 1007